

## MEDICAL INFORMATION

Having important medical information for household members and pets is critical in case you need to leave your house after a disaster.

### PHYSICIAN

Name: \_\_\_\_\_

Phone number: \_\_\_\_\_

### PHARMACY

Name: \_\_\_\_\_

Phone number: \_\_\_\_\_

### HEALTH INSURANCE

Provider: \_\_\_\_\_

Group Number: \_\_\_\_\_

ID number: \_\_\_\_\_

### CLOSEST FACILITY WITH GENERATORS IF POWER FOR MEDICAL EQUIPMENT IS REQUIRED:

\_\_\_\_\_

### MEDICATIONS

1	_____	_____	_____
	(PERSON NAME)	(NAME OF MEDICATION)	(DOSAGE)
2	_____	_____	_____
	(PERSON NAME)	(NAME OF MEDICATION)	(DOSAGE)
3	_____	_____	_____
	(PERSON NAME)	(NAME OF MEDICATION)	(DOSAGE)
4	_____	_____	_____
	(PERSON NAME)	(NAME OF MEDICATION)	(DOSAGE)

### PET INFORMATION

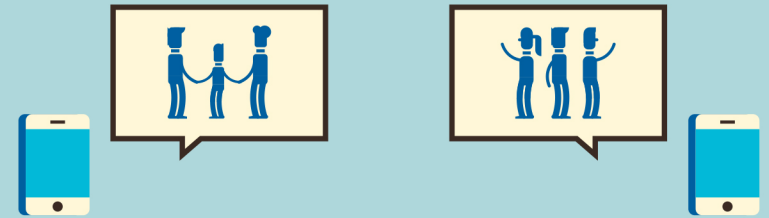
1	_____	_____
	(PET NAME)	(BREED)
	_____	_____
	(APPROX. AGE)	(NAME OF MEDICATION)
		(DOSAGE)
2	_____	_____
	(PET NAME)	(BREED)
	_____	_____
	(APPROX. AGE)	(NAME OF MEDICATION)
		(DOSAGE)

# 2 WEEKS READY

## Gather Your Emergency Information

### IMPORTANT PHONE NUMBERS

This might seem unnecessary — but how many phone numbers do you actually have memorized?



### FRIENDS, IMMEDIATE FAMILY MEMBERS, AND OUT-OF-AREA CONTACTS:

1	_____	_____
	(NAME)	(PHONE)
2	_____	_____
	(NAME)	(PHONE)
3	_____	_____
	(NAME)	(PHONE)
4	_____	_____
	(NAME)	(PHONE)



## PUBLIC SAFETY LOCATIONS

Whether you need help during a disaster or not, knowing who provides your home with safety services is important

Public safety locations can be a centralized location for information and support for your community



### FIRE STATION

Address: \_\_\_\_\_

Phone number: \_\_\_\_\_

Total miles to station: \_\_\_\_\_

Potential route hazards: \_\_\_\_\_



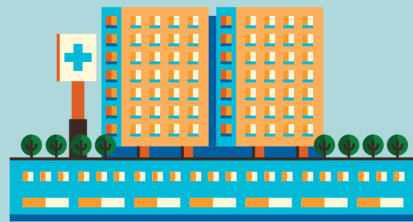
### POLICE STATION

Address: \_\_\_\_\_

Phone number: \_\_\_\_\_

Total miles to station: \_\_\_\_\_

Potential route hazards: \_\_\_\_\_



### MEDICAL FACILITY

Address: \_\_\_\_\_

Phone number: \_\_\_\_\_

Total miles to station: \_\_\_\_\_

Potential route hazards: \_\_\_\_\_



### COMMUNITY GATHERING POINT

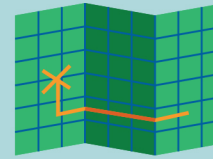
Address: \_\_\_\_\_

Phone number: \_\_\_\_\_

Total miles to station: \_\_\_\_\_

Potential route hazards: \_\_\_\_\_

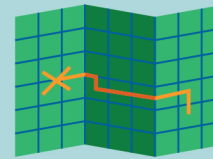
## ALTERNATIVE ROUTES TO WORK



CURRENT ROUTE HOME: \_\_\_\_\_

Total miles: \_\_\_\_\_

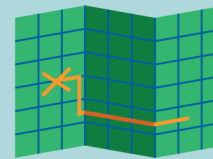
Potential hazards for route: \_\_\_\_\_



ALTERNATIVE ROUTE #1: \_\_\_\_\_

Total miles: \_\_\_\_\_

Potential hazards for route: \_\_\_\_\_



ALTERNATIVE ROUTE #2: \_\_\_\_\_

Total miles: \_\_\_\_\_

Potential hazards for route: \_\_\_\_\_

To help find routes and methods home, the following resources may help:

[wsdot.wa.gov](http://wsdot.wa.gov)  
[www.metro.kingcounty.gov](http://www.metro.kingcounty.gov)  
[www.soundtransit.org/Trip-planner](http://www.soundtransit.org/Trip-planner)  
[www.piercetransit.org/mobile/](http://www.piercetransit.org/mobile/)  
[dnr.wa.gov](http://dnr.wa.gov)  
 Phone: 5-1-1 for state highway/  
 weather information  
 Your local emergency management office



### CARPPOOL OPTIONS

1. \_\_\_\_\_

2. \_\_\_\_\_



### VIAIBLE PUBLIC TRANSPORTATION OPTIONS

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

